

From medicinal plants to the impact of Migraine - intriguing issues on Headache Medicine  
*De plantas medicinais ao impacto da enxaqueca - questões intrigantes na Headache Medicine*

The use of medicinal plants to treat headache is a common form of therapeutic option in all parts of the World. There are several plants that the population use for centuries in the abortive or preventive treatment of headache attacks. Mendonça Santos and coworkers<sup>(1)</sup> is publishing in this issue of *Headache Medicine* a very interesting article showing the plants that herbalists indicate to treat headache in one of the most popular public open-air market in Brazil, Feira de Caruaru.

In an extensive review article on physiotherapy for headaches, Wanderley et al.<sup>(2)</sup> make a comprehensive analysis of the literature to conclude that the low methodological quality of the studies reviewed and failures in the description of the protocols is necessary caution in interpreting the results. Reading their article is in order to have a clear idea about what is well defined regarding physiotherapy and headaches, also showing us how to analyze the research protocols.

In another line of research, Matos Macêdo et al.<sup>(3)</sup> study the prevalence and impact of headaches during the pre-employment assessment. Their article shows us the difficulties in carrying out a survey of this kind in Brazil. In cross-sectional observational study, despite the small sample, as the authors are keen to point out, Santana Rodrigues et al.<sup>(4)</sup> demonstrate the discrepancy between subjective and objective measures in evaluating the functional capacity and physical activity level of the studied patients.

Finally, this is an intriguing issue of our Journal, that brings new and intriguing information. We think it deserves the attention of our readers.

Enjoy it !

#### REFERÊNCIAS

1. Mendonça Santos KAL, Barros FA, Cavalcanti AMO, Silva LC, Martins HAL, Valença MM. Plantas medicinais usadas para tratamento de cefaleia: inquérito de herbolários na Feira de Caruaru. *Headache Medicine*. 2016;7(2):43-9.
2. Wanderley D, Costa Neto JJS, Valença MM, Oliveira DA. O papel da fisioterapia no tratamento das cefaleias: revisão de literatura. *Headache Medicine*. 2016;7(2):33-42.
3. Macêdo MCM, Santos PSF, Jesus ACF. Admissive evaluation and the headache diagnosis. *Headache Medicine*. 2016;7(2):50-3.
4. Santana RR, Barros MMB, Barros AOF, Wanderley D, Tenório AS, Costa Neto JJS, et al. Relação entre funcionalidade e nível de atividade física em mulheres com fibromialgia e migrânea. *Headache Medicine*. 2016;7(2):54-9.

*Marcelo Valença*

Editor da *Headache Medicine*

*Pedro André Kowacs*

President of the Brazilian Headache Society