



Headache Medicine: 30 years advancing headache science

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In 2024, the scientific journal *Headache Medicine* proudly celebrates 30 years of disseminating scientific knowledge in the field of headache medicine (1–3). This journey began in 1994, when the Brazilian Headache Society (*Sociedade Brasileira de Cefaleia*) published the first edition of *Migrâneas & Cefaleias* ISSN 1678-6270, the society's scientific journal (4). Sixteen years later, in 2010, to enhance its international visibility and impact, the journal was renamed *Headache Medicine* and transitioned to being published entirely in English. This change necessitated a new ISSN p-ISSN 2178-7468 and e-ISSN 2763-6178, although it remained the same journal that had been serving the headache community since the mid-1990s (2).

Over these three decades, *Headache Medicine* has published 620 articles (211 of which were published as *Migrâneas & Cefaleias*) covering a wide array of topics in headache medicine, contributing to the scientific advancement of this vital specialty (5). The journal's evolution mirrors the broader expansion seen in the field of headache medicine, both in Brazil and globally (6,7).

Headache medicine has emerged as an important medical specialty, attracting neurologists, neurosurgeons, pain specialists, and basic researchers. The United Council for Neurologic Subspecialties (UCNS) officially recognized headache medicine as a subspecialty, focusing on the diagnosis and treatment of headaches and facial pain. In recent years, there has been a significant increase in scientific publications in this field, reflecting the booming interest and advancements in headache research.

The foundation of key organizations, such as the American Headache Society (1959) and the International Headache Society (1981), played a pivotal role in this growth. Similarly, in Brazil, the foundation of the Brazilian Headache Society in 1978 helped to promote the development of headache medicine nationally. Earlier, Brazilian research in this area was primarily published in journals such as *Neurobiologia* (1938), *Arquivos de Neuro-Psiquiatria* (1943), and *Migrâneas & Cefaleias* (1994-2009).

The creation of *Headache Medicine* has undoubtedly contributed to the further stimulation and growth of headache science, not only in Brazil but also internationally (8). As we celebrate this milestone, we look forward to continuing to foster innovation, research, and collaboration in this dynamic and rapidly evolving field. Our mission remains the same: to disseminate cutting-edge knowledge in headache and pain medicine and to inspire future generations of researchers and clinicians.

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